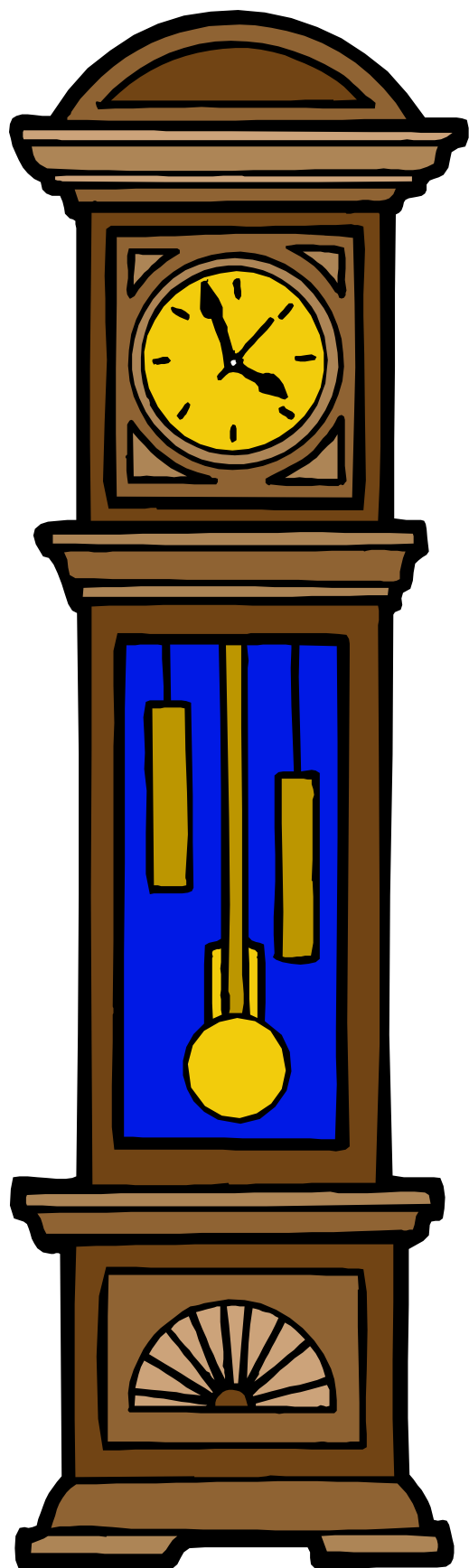


Panhandle Health District

2006 Annual Report



DEDICATING

Time

to

10

Essential

Public Health

Services

Panhandle Health District Mission

To prevent disease, disability and premature death; to promote healthy lifestyles; and to protect the health and quality of the environment.

A Word from PHD Director Jeanne Bock

Public health in Idaho's five northern counties had plenty of reasons to celebrate in 2006.



- West Nile Virus plagued most of the state but avoided the Panhandle.
- Seasonal flu tiptoed through the region, leaving little trace of its presence.
- Schools, governments, emergency responders, churches and residents united to practice preparations for a public health disaster, such as a bioterrorism attack.
- Kootenai County residents voted to safeguard the quality of the Rathdrum Prairie Aquifer in an aquifer protection district.

I'm proud to say that work by Panhandle Health District staff led to a positive public health year. The public turned out when the Health District promoted and offered flu shots, and the protection paid off. Mosquitoes avoided northern Idaho for their own reasons, but Health District staff armed residents with the guidance they need to understand and protect themselves from the rampant virus.

Efforts to prepare the public for health disasters, end smoking, investigate possible disease outbreaks, enforce public health measures such as restaurant inspections and more were enhanced in June when the Panhandle Health District opened its new two-story headquarters in Hayden. The 46,000 square-foot building consolidated services from four different locations. People can receive immunizations, nutrition information and family planning counseling, attend smoking cessation classes, arrange home health services, apply for septic tank approval and undergo breast exams in one location.

The "Ten Essential Public Health Services" the U.S. Public Health Service enumerated in 1994 fit the Panhandle Health District like clockwork. Throughout 2006, the Health District dedicated every hour of every workday to making a difference in the overall quality of northern Idaho's health, as you'll see in the following report.

There is plenty of work ahead in 2007. A new and larger Panhandle Health District office will be under construction in downtown St. Maries. The Panhandle Public Health Foundation plans a community event to raise money to expand public health services. It's an exciting time for public health in northern Idaho.

GIVING TIME TO PUBLIC HEALTH



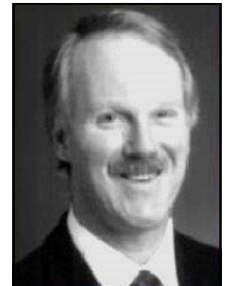
Marlow Thompson
Chairman
Benewah County



Sharon Connors
Shoshone County



Walt Kirby
Boundary County



Allen Banks, Ph.D.
Bonner County



Lora Whalen
Family & Community
Health



Mary DeTienne
Home Health



Tanya Chesnut
Health Promotion



Richard McLandress, M.D.
Kootenai County



Jim Fenton
Fiscal



Dale Van Stone
Bonner County



Dale Peck
Environmental
Response and
Technology



Chris Beck, Vice Chairman
Kootenai County

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A Day in the Life of the Panhandle Health District

8 a.m. Monitor health status to identify and solve community health problems

Immunizations

- 84.5 percent of children immunized at PHD are up-to-date .
- 89 percent of children in Women, Infants and Children (WIC) program are up-to-date.
- PHD immunized 6,340 children and 9,509 adults.

Flu

- 7,500 flu shots given.

Smoking Cessation

- 480 teens and 55 adults participated in PHD's smoking cessation classes.

Women's Health

- PHD conducted 403 breast exams, mammograms and ultrasounds.
- PHD detected 10 cases of breast cancer and 2 of cervical cancer.



“It’s so worth it to get what you’re worried about looked at,” says Patricia Steves, whose breast cancer was discovered at PHD. “I’m so glad my friend took me to Panhandle Health.”

9 a.m. Diagnose and investigate health problems and health hazards in the community

West Nile Virus

- Two cases were confirmed in Panhandle Health District although the virus is rampant in the rest of the state.
- PHD works with Idaho Fish and Game and state Dept. of Agriculture to clarify responsibilities and ensure community protection during 2007 mosquito season.

Disease Investigation

- 10 potential disease outbreaks were investigated by PHD epidemiology staff.
- 430 cases of Chlamydia were investigated.

10 a.m. Inform, educate and empower people about health issues

Peers Encouraging Abstinent Kids (PEAK)

- PHD facilitator held 10 mentor trainings with teens throughout the Panhandle Health District.
- Facilitator Brittany Baeumel was appointed to the Governor's Council on Adolescent Pregnancy Prevention.

Idaho Health Alert Network

- 14 messages were sent through the HAN to alert medical partners of potential outbreaks of gastroenteritis, norovirus, pertussis and tuberculosis.

Pandemic Flu Summits

- 447 people attended PHD briefings on pandemic flu.
- 127 people from Kootenai County, the Coeur d'Alene Tribe and Boundary County attended PHD pandemic flu preparedness summits.

Food Inspection Web site

- PHD added to its Web site public access to annual restaurant, fast food and food vendor inspections. Information includes the number of violations in six areas most likely to cause illness.



11 a.m. Mobilize community partnerships and action to identify and solve health problems

“When I was discharged from the hospital, Home Health availability kept me from having to go to a care facility as my doctors thought I needed,” wrote a PHD client in an evaluation. “I insisted that home care could take of my need, which they did.”

Home Health

- PHD’s Home Health Division celebrated 40 years of top-quality professional service, made possible in part with a continuous flow of patient referrals from doctors, social agencies and Kootenai Medical Center.

Subsurface Sewer Disposal

- Burke Canyon property owners sign compliance agreements to significantly upgrade failed or failing sewage disposal systems that have threatened the area’s health for more than 30 years. PHD worked with Shoshone County and the Idaho Department of Environmental Quality on the agreement.

Erosion Control

- PHD coordinated a multi-agency, five-county development of a voluntary education/certification program for sediment and erosion control.

Emergency Preparedness

- PHD conducted a five-county exercise on medicine distribution during a health emergency that included first responders, schools, governmental agencies, tribes, health care providers, community organizations and volunteers.
- PHD initiated agreements with regional public health agencies, including Interior Health in Canada, to share information to provide better response during an emergency.



12 p.m. **Develop policies and plans that support individual and community health efforts**

New Benewah County building

- PHD found a downtown St. Maries site for the construction of an 8,500-square-foot building to replace the 5,100-square-foot home where it's located now. The new building will answer many of Benewah's growing health needs.

Water Protection

- The Legislature approved PHD's rule changes that offer communities greater assurance that new home construction safeguards surface water and groundwater through proper sizing of onsite sewage disposal systems.



1 p.m. **Enforce laws and regulations that protect health and ensure safety**

Rathdrum Aquifer Protection

- Voters approve the state's first Aquifer Protection District, a cooperative effort among PHD, state legislators, state, county and city agencies, environmental organizations and water users to raise funds for protection of the aquifer's water quality.

Food Safety

- PHD conducts 1,193 food inspections in restaurants, school cafeterias, stores, bakeries and more.

2 p.m. **Link people to needed personal health services and assure the provision of health care when otherwise unavailable**

Home Health turns 40

- PHD Home Health enabled 2,493 people to receive health care in the comfort of their homes.
- PHD home health staff visited those people for professional services 17,617 times and traveled 270,000 miles.

Citylink stop

- PHD nurse convinced Citylink, the Coeur d'Alene Tribe-operated busline that links Kootenai County with Plummer, to add PHD to two regular routes. The free buses offer Kootenai and Benewah residents eight opportunities daily for rides to PHD.

WIC

- An average 4,000 clients receive nutrition education, health screening and dental hygiene each month.
- Of all the women who have quit smoking on WIC programs statewide, 51 percent are clients of PHD.

Open House

- In October, Gov. James Risch, legislators, city and county officials and hundreds of northern Idaho residents celebrated the opening of Panhandle Health District's new headquarters in Hayden with speeches, tours of each division, program literature and deep talks over cake with PHD staff.



3 p.m. **Assure competent public health care workforce**

Continuing Education

- The equivalent of 405 PHD employees attended 34 preparedness classes. Many people on staff took several.
- The equivalent of 100 Home Health employees completed 16 courses, from Diabetic Foot and Wound Care to Agitated, Violent and Dangerous Patients.
- 20 Family and Community Health nurses participated in 171 classes, lectures and trainings.
- 32 Environmental Health workers attended 21 training seminars.

“S.G. has been an excellent Home Health aide,” a PHD client wrote in an evaluation. “I have felt comfortable with her and trusted her judgment in all aspects of my recovery.”

4 p.m. **Evaluate effectiveness, accessibility and quality of personal and population-based health services**

Pleased Patients

- PHD earns an award from Avatar International, a consulting and research firm that surveys customer satisfaction, for exceeding patient expectations. It's Avatar's second honor for PHD.
- PHD senior health education specialist Bonnie Held receives a Woman of Distinction award from the Soroptomist Women's Forum for her work educating the public about smoking, asthma, physical activity and nutrition. More than 700 teens and adults participated in Held's classes in 2006.

Doing It Right

- PHD received a certificate of appreciation from the Idaho Department of Health and Welfare for its outstanding performance and lasting contribution to the Bureau of Community and Environmental Health.
- The Idaho Public Health Association honors PHD's Paulette Ketner, R.N., with its Excellence in Public Health award for 28 years of quality service.

5 p.m. Research for new insights and innovative solutions to health problems

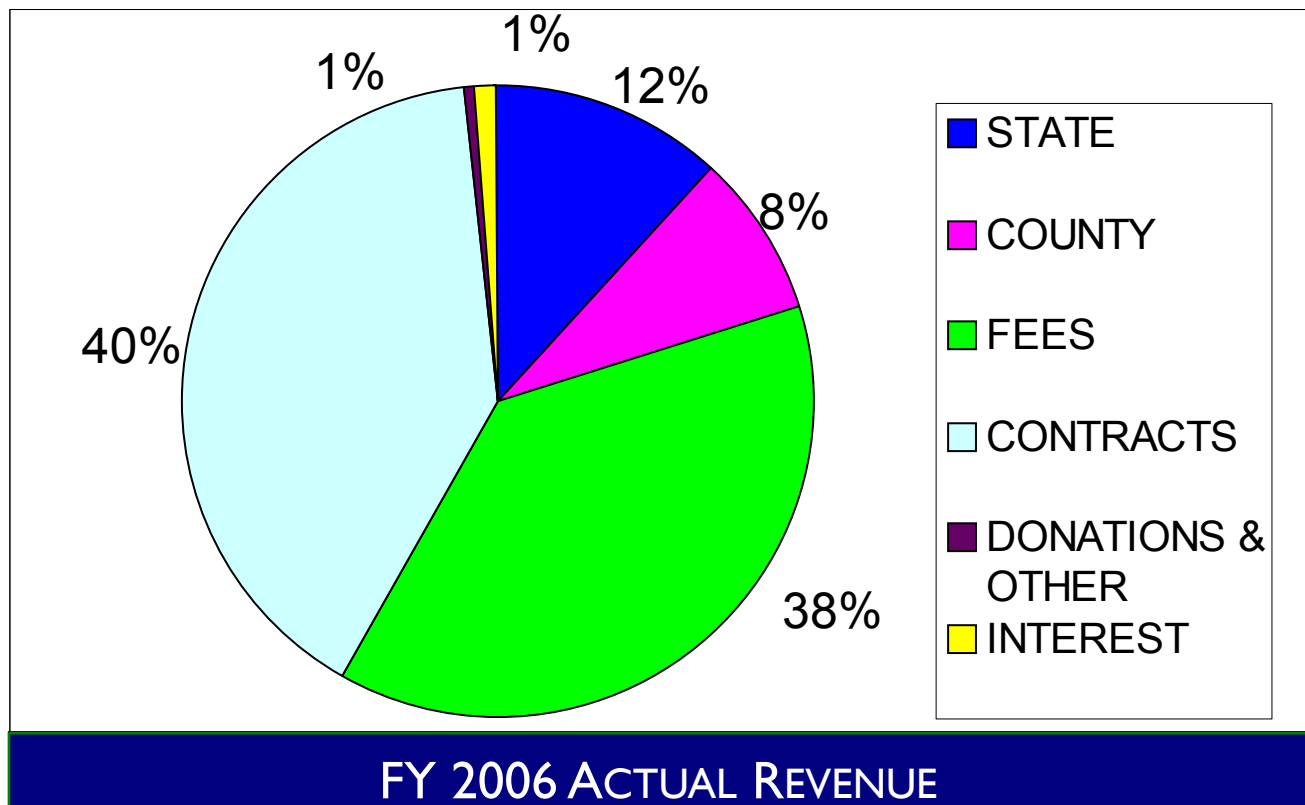
Thinking Green

- PHD designed its new headquarters with landscaping that conserves water and controls pollutants, setting an example for other new developments.

Home Health

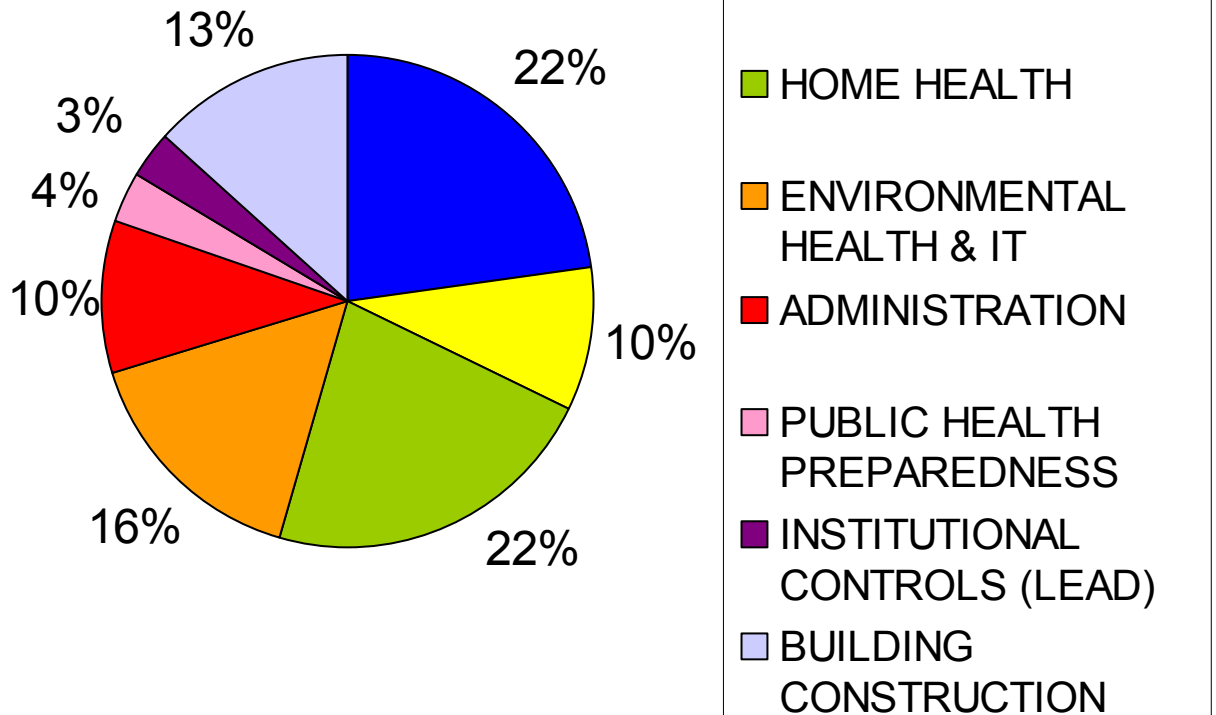
- PHD volunteered to participate in a national study to reduce the number of home health patients who return to the hospital for acute care. Resulting action required the cooperative efforts of PHD, medical providers, patients, families and more.

Finances



State	\$ 1,403,200	12%
County	985,612	8%
Fees	4,453,070	38%
Contracts	4,735,676	40%
Donations & Other	81,903	1%
Interest	116,932	1%
Total	11,776,393	100%

Expenditures



In Fiscal Year 2006 the construction account for the Hayden building was funded with \$ 1,700,000 from the sale of the Ironwood property. In addition, \$ 4,300,000 of financing was arranged through the Idaho Health Facilities Authority with funding from Sterling Savings Bank.

FY 2006 ACTUAL EXPENDITURES

Family & Community Health	\$ 2,921,194	23%
Health Promotion	1,224,495	10%
Home Health	2,863,988	22%
Environmental Health & IT	2,017,005	16%
Administration	1,295,533	10%
Public Health Preparedness	451,378	4%
Institutional Controls (Lead)	367,353	3%
Building Construction	1,725,449	13%
Total	\$12,866,395	100%

Panhandle Health District Services

Environmental, Response and Technology Division

- **Environmental** - Food Inspections and Permits, Sewage and Solid Waste, Indoor Air Quality, Public Pools, Public Water Systems, Land Development
- **Information Technology** - Information Systems, Telecommunications, Applications Support and Training
- **Preparedness** - Preparedness Planning, Readiness Assessment, Safety, Public Information

Health Promotion Division

- Women, Infants and Children (WIC) Program, Diabetes Awareness, Child Car Seat Safety, Injury Prevention, Tobacco Prevention and Education, Adolescent Pregnancy Prevention, Child Care Resources and Inspections, Asthma Prevention and Control

Home Health Division

- Home Health Care, Health Maintenance, Senior Companions

Family and Community Health Division

- **Clinical Services** - Family Planning, STD Testing and Education, Women's Health Check, Susan G. Komen Breast Cancer Screening, Infertility Prevention Project, Pregnancy Testing
- **Epidemiology** - Communicable Disease and Foodborne Illness Epidemiology, Disease Surveillance, Tuberculosis Control, HIV/STD Epidemiology and Partner Notification, Health Alert Network
- **Immunizations** - Childhood and Adult Immunizations, International Travel Immunizations, Immunization Registry
- **Family Services** - Child Find, Helping Hands Medical Access, Infant/Toddler Home Visiting Program

Fiscal Division

- Financial Management, Purchasing, Contract Management, Risk Management

Panhandle Health District Offices

Kootenai County

(208) 415-5100

8500 N. Atlas Rd.

Hayden, ID 83835

Bonner County

(208) 263-5159

1020 Michigan

Sandpoint, ID 83864

Boundary County

(208) 267-5558

7402 Caribou

PO Box 893

Bonnars Ferry, ID 83805

Benewah County

(208) 245-4556

711 Jefferson St.

St. Maries, ID 83861

Shoshone County

(208) 786-7474

114 Riverside

Kellogg, ID 83837